

## **CPG - CARERS SURVEY 2022**

We have decided to carry out a survey regarding the issues that carers come across everyday in Jersey. Please provide your email address below if you would like further information from Carers Jersey.

If provided with an email address you are also in with a chance to win some of the prizes, kindly sponsored by Le Masurier! You could win a fantastic respite package and for the younger carers there is a tech package available as an alternative.

The results of this survey will be presented to the Government at the next Government Update Meeting held on the 12th of January 2023 from 8.30 - 10.30 at St Paul's Center.

Surveys will need to be completed before 31 November 2022. You can do this online via www.carersjersey.je or fill in this paper copy, returning it to: Lennox at Enable Jersey, Kingsman Offices, De Carteret House, 7 Castle Street, St Helier, JE2 3AS.

<ol> <li>Email address (or leave blank if you would like to do this anonymously)</li> </ol>	
2. Full name (or leave blank if you would like to do this anonymously)	
3. Age	<ul> <li>□ (8-15)</li> <li>□ (16-25)</li> <li>□ (26-35)</li> <li>□ (36-45)</li> <li>□ (46-55)</li> <li>□ (56-65)</li> <li>□ (65+)</li> </ul>





<ul><li>4. What statement describes your carer role best?</li><li>5. How many people do you care for?</li></ul>	<ul> <li>I care for a partner, relative or friend</li> <li>I work for a care agency, organization or charity</li> <li>I recently stopped my care role</li> <li>1</li> <li>2</li> <li>3</li> <li>If more, please state here:</li> </ul>
6. What are your weekly care hours?	□ Hours
7. Do you think you have had adequate support as a carer?	☐ Yes ☐ No
8. If you answered NO to question 7, please state why	
9. Have you had to change your career plan to be able to care for your family or friend?	<ul><li>☐ Yes</li><li>☐ No</li><li>☐ Maybe</li></ul>
10. Does the person you care for receive care form either of the following	<ul> <li>A care agency</li> <li>Home care (private care)</li> <li>Neither</li> </ul>
11. Can you lose out on time with other family members because of time with the person you care for?	<ul><li>☐ Yes</li><li>☐ No</li><li>☐ Maybe</li></ul>
12. Is caring for a loved one stressful?	☐ Yes ☐ No

13. What is the main reason you've become a carer for the primary cared for person?	<ul> <li>Autistic spectrum</li> <li>Dementia</li> <li>Older person or frailty</li> <li>Mental health</li> <li>Long-term illness</li> <li>Visual impairment</li> <li>Terminal illness</li> <li>Learning disability</li> <li>Hearing impairment</li> <li>Physical disability</li> <li>Alcohol or drug dependency</li> <li>Other, please state:</li> </ul>	
<b>Respite Care</b> Are you getting enough time to reflect and maintain your role as caregiver? We would like to hear your thoughts below.		
14. What have been the challenges of being a carer?		
15. What helps you keep going in your care role?		
16. What are important elements of your wellbeing?		



17. Has your care role made a difference to your own health?	<ul> <li>It has impacted my health considerably</li> <li>It has little or no effect on my health</li> <li>It has made no difference</li> </ul>
18. Have you had access to holistic treatments (eg. doctors, dentist, diet/exercise support, counseling etc)	<ul> <li>I have found the health services I need</li> <li>I would like to access services but I can't due to care commitments</li> <li>I don't need access to health services at this moment</li> <li>I would like to know more about services available to me</li> </ul>
19. Could you tell us about your experiences accessing information regarding respite care, including day care services?	
20. Do you feel guilty that your loved one has access to respite?	□ Yes □ No
21. What is your experience of setting up and accessing care providers?	
22. Did the person you care for received their first choice?	
23. Tell us the respite care services you access for the person you care for	
24. Which charities have you received support from?	

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What matters to you? We want to know what matters to you from legislation to government services.	
25. Do you feel your voice is listened to by those who implement services in the care sector?	<ul><li>☐ Yes</li><li>☐ No</li><li>☐ Maybe</li></ul>
26. Do you feel there has been progress in carers legislation?	☐ Yes ☐ No
27. If you answered NO to question 26, please explain why	
28. Are you aware of your entitlements as a carer?	☐ Yes ☐ No
29. Tell us about your challenges faced within the Long Term Care system and whether or not they remain unmet and why?	
30. Do you think personal budgets should be introduced through Long Term Care?	☐ Yes ☐ No
31. What further support do you think the government should provide you with?	
32a. Are you satisfied with the carer's allowance that is available to you?	☐ Yes ☐ No
32b. If you have had one, could you tell us about your experience of a carer's assessment?	



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32c. What changes would you make to the accessibility of services for carers?	
33. Do you have accessibility needs yourself (eg. hearing / sight impaired) ?	
34. Has information been presented to you in a user-friendly format?	☐ Yes ☐ No
35. Would you like to voice your opinions on the care needs of your community?	☐ Yes ☐ No
36. Which new additional service/products would best help support you in your role as a carer?	
37. Do you receive adequate peer support?	☐ Yes ☐ No
38. Do you have further comments on the questions raised in this survey?	
39. Are you a member of Carers Jersey? If not, join for free on <u>www.carersjersey.je</u> and help us in our mission to give carers a voice	

**THANK YOU**, for taking time to complete this survey as together we can make a difference!

If you need any more space to answer any questions please answer them on a blank piece of paper and attach that to this survey before returning.

